














# Multisensory Chart for *The Aleph Bet Story*

By Ann Litwack

Movement	Sound	Shape	Hebrew Letter
Put your left leg out and your right arm up and your left hand over your mouth	Aleph has a leg and an arm but no mouth. Aleph is silent.	It sits on the line. It has an arm on the right and a leg on the left.	
Put a finger on your belly button.	Bet has a belly button "B".	Bet sits on the line. It has a little tail on the bottom right corner and is opened on the left side with a dot in the middle.	
Start with hands closed then open them to show nothing.	Vet is vacant "V".	Vet sits on the line. It has a little tail on the bottom right corner and is open on the left side.	
Stand and walk as if you are wearing high-heeled shoes.	Gimel has a gap and looks like gorgeous high-heeled shoes. "G".	Gimel sits on the line but has a gap that makes it look like a high-heeled shoe.	
Make a corner with your arm.	Daled has a dusty, dark, corner "d".	Daled has one leg that sits on the line and has a dusty dark corner.	
Walk like you have a broken leg.	Hey hurts "h".	Hey has 2 legs that sit on the line, but the left leg is broken.	
Point your toe and make your leg dance like a vav.	The fantastic violet vavs dance and sing "v".	Vav has one leg and that sits on the line. The top is short and round.	







# Multisensory Chart for *The Aleph Bet Story*

By Ann Litwack

Movement	Sound	Shape	Letter
Imagine that you are Zooming over a zig-zagging zayin on your skateboard.	Zyin zig-zags and says, "Z".	Zyin has one leg that sits on the line and a curvy top.	
Use your arms to make a chet over your head.	<u>Ch</u> et makes the "chhh" sound, the sound you make when you clear your throat. <u>Ch</u> et looks like a <u>ch</u> uppah "CH".	<u>Ch</u> et has 2 legs that sit on the line. Both legs are connected to its top.	
Touch the top of your head.	Tet has an open top and says, "T".	Tet is the only letter that is open on top. It sits on the line and is square on the bottom.	
You are a yud floating in space.	Yud makes the "Y" sound.	Yud is the smallest letter. It curves and floats above the line.	
Catch a ball like a kaf.	<u>K</u> af makes a great catch "K".	<u>K</u> af is all curves and is open on the left. <u>K</u> af has a dot in the middle.	
<u>Ch</u> it a ball like a <u>Ch</u> af.	<u>Ch</u> af <u>ch</u> its the ball and clears his throat "Ch".	<u>Ch</u> af is all curves and open on the left. <u>Ch</u> af hit the ball so there is no dot in the center.	







# Multisensory Chart for *The Aleph Bet Story*

By Ann Litwack

Movement	Sound	Shape	Letter
Slide into <u>chome</u> plate for a <u>chomerun</u> like <u>chaf</u> sofeet.	<u>Chaf</u> sofeet slides into <u>chome</u> plate, “CHHH”.	<u>Chaf</u> sofeet is a final letter and appears only at the end of a word. <u>Chaf</u> sofeet extends below the line.	
Make your body into a lightning bolt that looks like a lamed.	Lamed is like lightning and says, “L”.	Lamed is long like lightning and lands on the line.	
Make a mem with your arms and remember to leave an opening on the bottom so Molly can lose her marbles.	Molly loses her marbles “M”.	Mem sits on the line, but is always open on the bottom. So poor Molly is always losing her marbles.	
Make your body into a square like final mem so that Mort will keep his marbles.	Mort keeps his marbles “M”.	Mem sofeet comes at the end of a word, sits on the line and is always closed.	
Be sad like NoOne nun. Blow your nose and wipe your eyes.	People never remember NoOne nun, “N”.	Nun has a short top and bottom and sits on the line.	
Make your body long and skinny so no one will notice you.	Nobody notices nun sofeet, “N”.	Nun sofeet is at the end of a word. It is a final letter that only appears at the end of a word. It has the same short top but a long leg that extends below the line.	

## Multisensory Chart for *The Aleph Bet Story*

By Ann Litwack

<b>Movement</b>	<b>Sound</b>	<b>Shape</b>	<b>Letter</b>
Make your body into a samech snake.	Samech is like a snake and snakes hissssssss. "S"	Samech is round all over. It's curved and closed like a circle.	
Stretch your arms up in the air like an lvin and close your mouth because lvin is silent.	lyin is silent. It takes on the sound of the vowel that it comes with.	lyin has two long arms up in the air and no mouth.	
Point to your face at a pretend pimple.	Pergie Pay has a pimple "P".	Pay is rolled up like a curl and sits on the line. Pay is having a bad skin day. Pay has a pimple.	
Show off your beautiful clean face.	Fay is forever a beauty. What a face! "F"	Fay is rolled up like a curl and sits on the line. Fay has a clean face.	
Make yourself into a fay sofeet flag pole with a flag displaying fay's beautiful face.	Fay sofeet is forever a flag pole with a flag of fay's beautiful face. "F"	Fay Sofeet is another final letter. It curls at the top but has a long leg that extends below the line.	
Twist your arms like a pretzel to make the short arms of the tzadi.	Tzadi is twisty like a pretzel. "TS".	Tzadi is a cool dude sporting a big nose that points to the right.	

## Multisensory Chart for *The Aleph Bet Story*

By Ann Litwack

Movement	Sound	Shape	Letter
Make yourself into a tree with two branches like a tzadi sofeet.	Tzadi sofeet is a classy looking lady who always gives tzedakah. "TZ"	Tzadi sofeet is a final letter and comes only at the end of a word. She has one leg that extends below the line.	
Make yourself into a "kof" monkey.	The kooky kids love their kooky kof with two tails that look like the letter kof. "K"	Koof has two parts. It has a curved top that sits on the line and one long leg that extends below the line.	
Make yourself into the shape of a roller coaster that looks like a rounded resh.	Resh is round like a rollecoaster. "R"	Resh is round and lands on the line.	
Shiver and shake like you would on a snowy day.	In the snow, you shiver and shake. "Sh"	Shin sits on the line and has three arms up in the air. Shin has a dot on the right that puts the "sh" in shin.	
It is sizzling in the hot sun. Wipe the sweat off your brow.	Rachel Sizzles in the sun. "S"	Sin also sits on the line and has three arms up in the air, but sin has a dot on the left. The dot puts the sizzle in sin.	
Wiggle and show off your beautiful toes that twinkle with toe polish.	Tav's toes twinkle with toe polish. "T"	Tav has two legs that connect to its top. Tav sits on the line and Tav has toes.	

# Multisensory Chart for *The Aleph Bet Story*

By Ann Litwack